

INVIVA®

Adult patient checklist – specific to RLT

Please take the time to carefully review these guidelines. We want to ensure that you are well prepared for each step of your treatment journey with INVIVA®.

BEFORE YOUR APPOINTMENT

- ☐ 2-5 days before your appointment you will receive a reminder of your appointment. It can be via our automated system (if you provided consent to receive notifications via email or text) or from your Patient Care Coordinator (PCC) who will call or email you.
- ☐ Make arrangement for someone to pick you up if you think you may need support. The ability to drive motor vehicles may be impaired depending on the therapy administered.
- ☐ Contact INVIVA®/your PCC to inform of any changes in your medical condition. These include but are not limited to:
 - Any surgery/procedure (i.e., dental extraction), hospitalization or ER visits
 - Pregnancy or breast feeding
 - Any vaccination since your last treatment
 - An active infection and/or if you are taking antibiotics for the purpose of an active infection.

WHAT TO BRING TO YOUR APPOINTMENT

- ☐ List of your current medications (if you are taking any additional medication).
- ☐ Activities to pass time, such as reading materials, devices (with chargers), gadgets and earphones. For your comfort, a blanket and/or a sweater.

THE DAY OF YOUR APPOINTMENT

It is recommended to wear loose-fitting clothes and comfortable shoes as your appointment may be over an extended period.

- ☐ It's important to drink plenty of water and stay hydrated the day before your appointment. Always follow your physicians order for fluid restrictions
- ☐ Show up at least 15 minutes prior to appointment
- ☐ You will be required to sign consent forms
- ☐ Nurses may conduct screener prior to your appointment to ensure fitness for treatment
- ☐ You may be required to stay for an observation period following your treatment.

AFTER YOUR APPOINTMENT

- ☐ Post Visit Report (PVR) will be sent to your physician for further follow up
- ☐ If you are experiencing any concerning symptoms call immediately the ER or your physician.
- ☐ Nurse will give you a card with your next appointment.

DISCHARGE INFORMATION

- ☐ Following your treatment, please return home immediately to minimize radiation exposure to the public.
- ☐ For the next two days, limit close contact with household members and maintain a distance of at least 3 feet whenever possible. This precaution extends to seven days for children and pregnant women.
- ☐ Sleep in a separate bedroom for three days post-treatment.
- ☐ Ensure you use contraception throughout your treatment period.
- ☐ If you plan to travel, obtain a travel letter from your physician or clinic and discuss your travel plans with your care team before beginning treatment.
- ☐ For any safety concerns, consult your physician.

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